

POOJA MODEL SCHOOL

SESSION- (2025-2026)



HOLIDAY HOMEWORK-CLASS-VII



Time for some holiday fun,

Time for some play,

Summers are the time to chill,

And play a lot with clay,

Castles in the sand for sure,

Sun block would be the only cure,

**In the summer's heat, Happy Summer
Season!**

General Instructions that are to be followed:

- **Download the holiday homework pages and complete the task.**
- **Handwriting should be neat and legible.**
- **All the subject holiday homework should be done in mentioned notebooks.**
- **The holiday homework would be graded. (out of 5 marks)**
- **The work should be original and not copied from internet.**
- **Encourage your ward to do the assigned holiday homework independently.**

Summer Tips to be followed:

- **“A healthy mind resides in a healthy body”- Pay attention to your health, go for morning and evening walks, drink lots of water, avoid the consumption of junk food, eat healthy and stay healthy.**
- **Open your mind for reading newspapers, novels, blogs and stories that will help you in increasing your vocabulary.**
- **Indulge yourself into activities like cooking, singing, dancing, aerobics, cycling, trekking, swimming, art and craft, river rafting and gardening. And share your experience with your family and friends.**

•Spend quality time with your grandparents and parents, talk to them regarding their experience of school.

हिंदी पाठ्य और व्याकरण-

- 1.प्रतिदिन एक सुलेख लिखो । (अलग कॉपी में 1 जुलाई से 30 जुलाई तक)
- 2.हिंदी पाठमाला (अवतार)- पाठ-1 से पाठ- 4 तक के कठिन शब्दों को अलग कॉपी में लिखे वह उनका अभ्यास करें।
- 3.हिंदी पाठमाला (अवतार)पाठ-1 से पाठ -5 तक का कार्य अभ्यास पूरा करें, वह याद करें।
- 4.हिंदी व्याकरण (पंखुड़ी)पाठ- 1 से पाठ- 6 तक का कार्य अभ्यास पूरा करें, व याद करें ।
- 5.हिंदी दिवस पर एक सुंदर चित्र बनाएं, व हिंदी दिवस के बारे में कुछ पंक्तियां A3 शीट पर लिखें।
- 6.हिंदी व्याकरण (पंखुड़ी)-पेज नंबर- 181 से अनुच्छेद लेखन "अभ्यास का महत्व "अपनी हिंदी व्याकरण की कॉपी में करें, व याद करें ।
- 7.प्रतिदिन अखबार से पांच कठिन शब्द छांट कर अलग कॉपी में करें।(1 जून से 30 जून तक)
- 8.आपने अपनी गर्मियों की छुट्टियां कैसे व्यतीत की इसकी एक गतिविधि दिनांक और दिन के साथ अपनी कॉपी में लिखें।

English Reader –

Ch-1:- Write the summary of the poem in your own words (80 – 100 words) in English R. notebook.

Ch-2:-Write a character sketch of Xuanzang. In English R. notebook

Eng -grammar: -

Ch-1 or 2 (your own wish)

- **Make a colorful chart on the topics given in either of the chapter-1 or 2.**
- **Writing Skills:-Paragraph Writing: Write a paragraph on “My Favorite Hobby” (In 70 words) in grammar notebook.**
- **Revise Passage Comprehension given in your book.**
- **Make a scrap book in which you can put pictures of special moments of your summer vacations and also of the places you would like to visit.**
- **Also learn UT syllabus.**

Science :-

Chapters to Study:

Chapter 1: Nutrition in Plants

Chapter 2: Nutrition in Animals

Chapter 3: Heat

Chapter-wise Work:

Chapter 1: Nutrition in Plants

- **Learn notebook work.**
- **MCQs: Solve 10 MCQs (I will share the PDF of the questions on WhatsApp. You need to print the worksheet and paste it in your worksheet notebook).**
- **Worksheet: Solve and complete the practice worksheet.**

Chapter 2: Nutrition in Animals

- **Learn notebook work.**

- **MCQs: Solve 10 MCQs (I will share the PDF of the questions on WhatsApp. You need to print the worksheet and paste it in your worksheet notebook).**
- **Worksheet: Solve and complete the practice worksheet.**
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Chapter 3: Heat

- **Learn notebook work.**
- **MCQs: Solve 10 MCQs (I will share the PDF of the questions on WhatsApp. You need to print the worksheet and paste it in your worksheet notebook).**
- **Worksheet: Solve and complete the practice worksheet**

1. Mini Project: - In Scrapbook.

Make a table of conductors and insulators used in daily life (at least 5 examples each).

Mention where and why each is used.

2. Activity: A3 Size sheet of any color preferably white.

Draw and label the process of photosynthesis.

Write 8 lines explaining it in your own words.

Mathematics:-

1. Do complete all your work of Book and Notebook.
2. Do All Examples of your chapter from NCERT Book.
3. Do Write and Learn Tables from 2 to 20 (2 times)
4. Do practice all your Notebook work in seperate notebook.
5. Do practice all the worksheets.
6. Make a Chart on properties of integers.

Note:- Make a Separate Notebook for Holidays Homework.

Social Science:-

- Revise all chapters done so far.
- Paste and complete all the worksheets in notebook.
- Prepare a 10 pages Assignment on (any two) of the following topic given below:- (Manually or digitally)

a. Ecosystem

b. Healthcare protocol

c. Kings and kingdoms.

- Make a scrapbook using images and prepare presentation on following topics given below:-

Roll no 1-6:- Human impact on environment

Roll no 7-12:- Right to Equality Article 14-18.

Roll no 13-18:- Rashtriya Bal SwasthyaKaryakran (RBSK)

Roll no 19-24:- Universal Immunization Program (UIP)

Roll no 25-30:- Emergence of Different dynasties and kingdoms. (Can take the idea from History Ch-2)

- Make a 10 pages assignment on 'Equality' and Fundamental rights.
- Design a poster on “STOP CHILD LABOR” OR “CHOLA EMPIRE”.
- Learning work for upcoming classroom Test and UTs:-

History: - Chapter-1 and 2

Civics: - Chapter-1 and 2

Geography:- Chapter-1

संस्कृत:-

- 1) अप्रैल एवं मई माह का पाठ्यक्रम कंठस्थ कीजिए।
- 2) 'तत्' के शब्द रूप अभ्यास पुस्तिका में कंठस्थ करके लिखिए।

- 3)'भू'शब्द धातु रूप कंठस्थ करके अभ्यास पुस्तिका में लिखिए।
- 4) कोई भी पांच श्लोक कंठस्थ करके A3 सीट पर लिखिए।
- 5) संस्कृत में कोई भी एक प्रेरणादायक कहानी अभ्यास पुस्तिका में लिखिए।

Urdu:-

- Learn lesson - 1, 2, 3, noun
- Write 10 writing in holiday homework notebook.
- Write 20 masculine -feminine on A3 size sheet.
- Write a story with picture composition.

Computer:-

- * Learn ch-1 and ch-2
- * Binary Art :- create art using binary code (0 and 1)to represent an image or pattern on A3 size sheet

General Knowledge:-

- 1.Complete and Learn unit-1 and-2
- 2.Cut and paste at least 2 news weekly under the column
 - a. National News
 - b. International News
 - c. Sports News
- 3.Note down the maximum & minimum temperature of one month , highlight the day with maximum temperature
(weekly).

4 Make a chart showing the Achievement of Sports Person who have Physical Disabilities. Write about their achievement 2-3 lines.

DRAWING:-

1.Do Pg. no. 8 To 21 in your drawing file (Spray painting, Flower delineation, Landscape using Sand paper,Flowers,Birds,Leaves,Landscape, Freehand drawing, Body parts)

2. Make an aesthetic cover page for your favorite subject notebook (on A4 size sheet)

3.Make a frame with the help of waste paper and Put your family photo in a frame.

